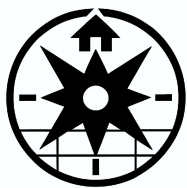




For a better printing experience, select "Print map" in the file menu in the left panel.







Toronto

Mississauga



maphelp.org

Easy to download, print, share,
& give away.

-  **Shelter**
-  **Restrooms**
-  **Water**
-  **Food**
-  **Clothes**
-  **Food bank**
-  **Outreach**
-  **Legal Svc**
-  **Info**
-  **Access**
-  **Church**
-  **Hostel**
-  **Hospital**
-  **Bus**
-  **Police**
-  **Fire Rescue**

*Drinking water
is everything,
hydrate & stay in
the shade.*

Toronto, ON Homeless Resources

Support for people
without homes —
shelter, food, water,
restrooms, showers,
outreach

Shelters & Housing

1. City of Toronto
Winter Services Plan
~1,200 shelter beds
citywide, warming
centres during cold
weather, emergency
surge spaces.
2. Seaton House – 339
George St Men’s shelter
with up to 300 beds,
meals, showers, laundry,
harm-reduction support.
3. Union Hotel
(formerly Strathcona)
Temporarily leased by
the City for emergency
shelter use.
4. Covenant House
Toronto Shelter for
youth aged 16–24; offers
meals, showers, medical
care, job training.

Food & Meals

- Drop-in &
Mobile Services
(Neighbourhood Group)
Hot meals, restrooms,
crisis counselling, harm-
reduction kits.

- Out of the Cold
Program Faith-based
shelter and hot meal
program (seasonal)

.- Community Fridges
Toronto Public outdoor
fridges stocked with free
food across the city.

Water Access

- Drinking fountains and
public wash stations in
parks and transit hubs.

- Mobile outreach teams
distribute bottled water
in summer.

Restrooms & Showers

1. Regent Park CHC –
465 Dundas St E Daily
showers, once-weekly
laundry for unsheltered
individuals.

2. Drop-In Centres &
Community Health
Clinics Showers,
washrooms, hygiene
access.

3. Good Shepherd
Ministries & Pam
McConnell Aquatic
Centre Free access to
restrooms and showers.

4. ShowerUp Toronto
Mobile shower trailers
with hygiene kits.

5. Seaton House Full
hygiene services
including restrooms and
laundry.

Outreach & Support

1. Streets to Homes
Program Street
outreach team offering
shelter referrals and
basic needs.
2. Inner City Health
Associates (ICHA)
Mobile health services
and care coordination
for unhoused
individuals.

3. Fred Victor “Keep
Cool” Team Summer
outreach program with
hydration, sunscreen,
harm-reduction tools.

4. Covenant House
Wrap-around support
for youth including
education, employment,
and health services.

Quick Access Info

- Call 2-1-1 Toronto for
shelter and resource
referrals

.- Visit local drop-ins
or use mobile hygiene
units for urgent needs.